

## OPTIMUM GENERAL MEDICAL SCREENING

### GENERAL EXAMINATIONS

- ♦ blood pressure, pulse rate, height, bodyweight, BMI index, waist measurement

### LABORATORY TESTS

- ♦ CBC, sedimentation rate, liver functions, blood fat, LDL-, HDL cholesterol, blood sugar, sodium, potassium, calcium, phosphor, ALP, uric acid, bilirubin, iron, iron binding capacity, urine, stool blood (over 40), PSA-tumor marker (for men over 40), TSH, HbA1c

### RADIOLOGICAL EXAMINATIONS

- ♦ Chest X-Ray
- ♦ Abdominal and pelvic ultrasound
- ♦ Breast diagnostics (breast ultrasound under 40, mammography for over 40)

### FURTHER DIAGNOSTIC EXAMINATION

- ♦ ECG (electrocardiography, resting 12-lead)
- ♦ Osteodensitometry test – ODM (with ultrasound, for women over 40)
- ♦ Arteriography

### MEDICAL EXAMINATIONS

- ♦ Internist screening
- ♦ Ophthalmological screening
- ♦ Urological and prostate screening – men only
- ♦ Gynecological screening, cytology, transvaginal ultrasonography

### SUMMARY REPORT

- ♦ Evaluation of the abnormal results, recommendations for maintaining good health, scheduling treatments

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### **ONE-TIME FREE CONSULTATION REGARDING RESULTS, COUNSELING**

- Within 90 days following the screening examination on a previously agreed appointment with a specialist in internal medicine

### **ADDITIONAL LAB TESTS WITH 50% DISCOUNT**

- On the day of the screening, or in 90 days with -10%
- Hepatitis A, B, C screening and vaccinated level checkup, D-vitamin, CK enzyme-levels checkup for custom request

### **ADDITIONAL EXAMINATIONS WITH DISCOUNTS**

- A 10% discount is offered on recommended examinations if completed within 90 days of the screening examinations.

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